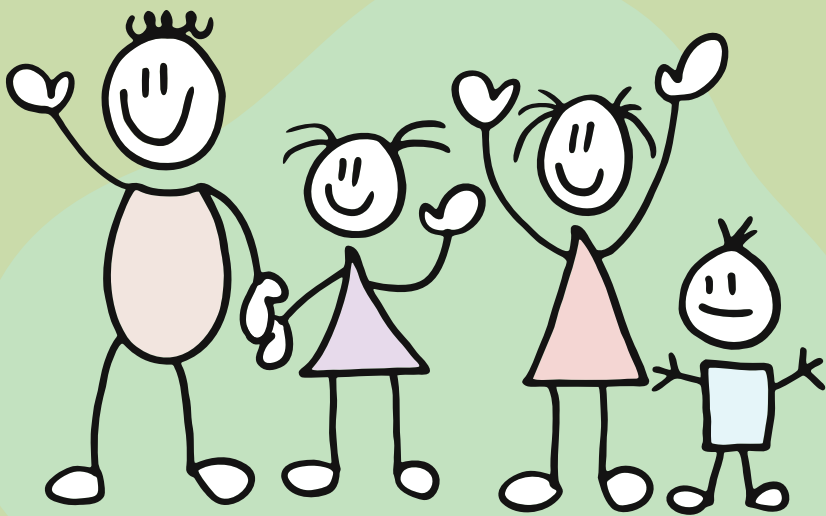


Early Childhood Development



Dawson Creek and Area Resource Guide

March 2025 Edition

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Dawson Creek & Pouce Coupe

Family Navigator

FREE parenting support for parents / caregivers with children aged 0 -6 years. Reach out for 1-1 parenting support, questions on children development and behaviors, learning about children services in the South Peace and the Province and assistance with referrals.

Text or Call: 250-719-9901

Emergency Services 9-1-1

Ambulance: 250-782-9768

Fire: 250-782-9898

Hospital: 250-782-8501

RCMP: 250-784-3700

Please Keep this Resource Guide Handy

You will find that there are a lot of useful phone numbers and websites available to help you raise your child or children in our community.



ABORIGINAL FAMILY SERVICES

Aboriginal Family Services

250-782-1169
Fax: 250-782-2644
#14, 1405 – 102 Avenue
Dawson Creek, BC V1G 2E1

Aboriginal Family Services provides culturally sensitive support to aboriginal families in Dawson Creek and surrounding communities. Aboriginal Family Services will enhance family unity by meeting the emotional, spiritual, physical, and mental needs to strengthen Aboriginal families.

Programs Offered:

Mâchitawin (Cree: "Life begins at birth") Learning Centre

For days and times please refer to the Playgroup section at the back of this book.

Aboriginal Infant Development Program

For parents who want support and information for children birth to six to encourage their child's development within the context of family, community and culture.

Aboriginal Supported Child Development

Provides services for children who require extra support in the following areas: physical, cognitive, verbal, behavioural, social, and emotional



Rejoice with your family
in the beautiful land of
life. (Albert Einstein)



Baby's Best Chance

communitybridge.ca
250-785-6021 ext 251
#101, 1200 – 103 Avenue
Dawson Creek, BC V1G 2G9

The Baby's Best Chance Pregnancy Outreach Program is a province-wide program that provides services for pregnant women and teens with lifestyle challenges or at risk of having low birth weight babies.



Chickadee Maternity Collaborative

chickadeematernity.ca
office@chickadeematernity.ca
778-595-0900
1016 – 105 Avenue
Dawson Creek, BC V1G 2L4

We are a team of doctors, midwives, and nurses who are passionate about providing a person-centered care throughout your pregnancy, birth, and postpartum period. Our care providers embrace a holistic approach and appreciate the complex social, emotional, cultural, spiritual, physiological, and physical ramifications of each reproductive health experience. Walk-In, Self-Referral and Doctor referrals welcome.

Please be aware that information about these programs may change.
Please contact the program directly for more information.

Child and Youth Mental Health

Min. of Children & Family Development
250-784-2342
#205, 1508 – 102 Avenue
Dawson Creek, BC V1G 2E2
Open 9am-12pm and 1pm-4pm

Child and Youth Mental Health provides specialized mental health treatment to children and youth (0-18) and their families, who are experiencing mental health symptoms that impact thoughts, behavior and feelings.

Child & Youth Support Needs Programs

Min. of Children & Family Development
<https://bit.ly/BC-MCF-SN>
250-784-2342
#205, 1508 – 102 Avenue
Dawson Creek, BC V1G 2E2

Children and Youth (0-18 years) with Support Needs, may be eligible for a variety of voluntary services which might include family support; respite; or specialized services such as autism funding or medical benefits.



Child Care Resource & Referral

facebook.com/spccrr
250-782-1138
#117, 10200 – 8 Street
Dawson Creek, BC V1G 3P8

The Child Care Resource and Referral Program provides support, resources and referral services for child care providers

and parents. Services provided include:

- Referrals to local caregivers and other childcare services
- Answers to your child care questions
- Information on the types of childcare available in the community
- Access to a Lending Library
- Assistance and information for the Affordable Child Care Benefit
- Public access computer for providers and families
- Access to parent education opportunities such as workshops and printed information.
- Playgroup for parents and caregivers
- Outreach services

Managed by South Peace Community Resources Society.

Supported by the Government of BC.

SOUTH PEACE CHILD DEVELOPMENT CENTRE



Child Development Centre

www.spcdc.ca
facebook.com/southpeacecdc
250-782-1161 (Toll-free 1-855-782-1160)
9001 – 10 Street
Dawson Creek, BC V1G 4T1

Helping Your Child Learn and Grow

We believe in building family partnerships to provide early intervention, childhood education and individualized services to support children, youth, families and our community to reach their highest potential.

We accept referrals from Parents and Caregivers (because you know your child best), Doctors, Public Health, Service Providers.

Early Intervention Programs:

- Infant Development Program: Supporting infants 0-3 years to ensure healthy growth and development and setting the stage for all foundational skills.
- Supported Child Development: Intervention and resources for preschool children to successfully attend SPCDC preschool.
- Physiotherapy and Occupational Therapy (0-6 years): Provides assessment and treatment for gross motor (large muscles), positioning, muscle balance, fine motor (small muscles), sensory processing and promoting regulation for children
- Speech Language Pathology (0-6 years): Assessment, treatment and consultation services
- Young Parent Program: Supporting pregnant and parenting teens and young families.
- Family Education: Parenting support for parents of special needs preschool children
- Building Blocks: Supports parents of young children to grow and develop stronger parenting skills. Licensed Early Learning Program is also available to enhance support. Families are identified as eligible by Ministry of Children and Family Development

Child & Youth Special Needs Programs:

(Clients must meet Child and Youth Special Needs criteria)

- Life skills and Respite

Family Navigator Family Resource

Supporting the navigation required

to better inform parents how to reach early intervention services and local programming. Text or call: 250-719-9901

Monthly Workshop:

Once per month evening parenting workshops. Visit our Facebook page for key topics and full details. Open to all parents to attend.



Scan code for
CDC video



City of Dawson Creek (Community Services)

dawsoncreek.ca
250-784-3604
10105 – 12A Street
Dawson Creek, BC V1G 3V7

Community Services' goal is to offer opportunities for children to develop motor skills and establish positive lifelong habits. Community Services focus for early years is physical literacy which provides fundamental movement skills along with motivation, confidence and competence throughout our programming. We offer a range of physical literacy opportunities through sports, recreational activities and events.



Don't ruin today's happiness
with yesterday's sadness.
(Amazing Me Movement)

For a complete list of the licensed child care facilities in Dawson Creek contact your local Child Care Resource & Referral at 250-782-1138

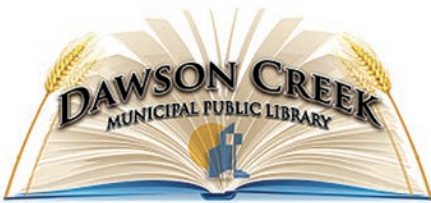


Dawson Creek Literacy Society

dawsoncreekliteracy.ca
dawcrls@gmail.com
250-782-4211
929 – 102 Avenue
Dawson Creek, BC V1G 2B5

Focus is on adult learning:

- Improve your reading, writing and math skills
- We provide upgrading for the Adult Dogwood Diploma Program and College prep
- We provide assistance to those in need with all types of forms and applications
- English language classes for beginner, intermediate and advanced levels
- We provide settlement services to all newcomers and immigrants
- We are members of the Resilience BC Network; we work with local service providers and the public to foster community engagement to address racism and hate issues.



Dawson Creek Public Library

<https://dawsoncreek.bc.libraries.coop>
250-782-4661
1001 – McKellar Avenue
Dawson Creek, BC V1G 4W7



Pouce Coupe Municipal Library

<https://poucecoupe.bc.libraries.coop>
250-786-5765
5010 – 52 Avenue
Pouce Coupe, BC V0C 2C0

Our local public libraries offer early learning playgroups and a wonderful selection of children’s books. A summer reading program is available for ages 0-14.



Haven Family Services

dchaven.ca
250-219-5850
1020 – 105 Avenue
Dawson Creek, BC V1G 2L3

Dawson Creek Haven Family Services is a vibrant, community-minded social service agency whose mission is to improve the mental health and development of children, youth and adults in the community while providing support and education to caregivers. Information is provided for youth and caregivers in the areas of family relationships, communication skills, social and life skills.

Our services include:

- Family support in home, school, and

- community
- Child, youth, adult, and family counselling
- One-on-one behaviour intervention
- Parenting programs and support
- First Nations Health Authority
- Skill building groups
- Support to children and youth on the Autism Spectrum
- Support to homeschool programs
- CDBC/FASD Keyworker program (MCFD Funded)
- Haven Family Roots program (MCFD Funded)
- Community Connections program (Northern Health Funded)



Nawican Friendship Centre

nawican.ca
 Friendship Centre:
 250-782-5202
 1320 – 102 Avenue
 Dawson Creek, BC V1G 2C6
 Youth & Cultural Centre:
 250-784-0061
 10200 – 17 Street
 Dawson Creek, BC V1G 4C2

Nawican Friendship Centre is a non-profit society that promotes friendship and understanding between Aboriginal and non-Aboriginal people. Nawican provides counselling, information, resources, guidance and programs for the betterment of Aboriginal and non-Aboriginal citizens of Dawson Creek and area.

There are two Nawican locations to support families: Nawican Friendship Centre and Nawican Bergeron Youth & Cultural Centre.



Northern Health

www.northernhealth.ca
 250-719-6500
 1001 – 110 Avenue
 Dawson Creek, BC V1G 4X3

Public Health Nursing can help answer questions about your child's health and development. For more information and services, go to the Northern Health website.



School District 59 Peace River South

www.sd59.bc.ca
 Gloria_Cleve@sd59.bc.ca
 250-784-6330

StrongStart BC early learning centres provide free, school-based, high quality early learning programs for children not yet eligible for kindergarten accompanied by a parent or caregiver. These programs are designed to support the success of students when they enter Kindergarten.

Dawson Creek StrongStart

Early Learning Hub
 #200, 10808 – 15 Street,
 Dawson Creek
 Mon-Fri: 9:00 AM – 12:00 PM
 Tues-Thurs: 1:00 PM – 4:00 PM

Tremblay StrongStart

Tremblay Elementary School
 11311 – 13A Street, Dawson Creek
 Mon-Fri: 9:00 AM – 12:00 PM

SD 59 also offers **StrongStart Outreach programming** in rural schools. For more info go to the SD 59 website, look under Programs, and click on the StrongStart link.

Tremblay Elementary School

Besides hosting a StrongStart Program, this school has an enriched play environment with Munchkinland, an outdoor playground for 18 months to 5 year olds, and an outdoor musical playground.

Ready, Set, Learn (RSL)

Intended for families and their three-and four-year-old children, RSL is all about providing good information about how to support a young child's early learning and development. Families who attend an event receive an age appropriate book and information to influence school readiness.

Welcome to Kindergarten (WTK)

The WTK session helps prepare pre-kindergarten children for a positive start to their school journey. Parents/caregivers and their children attend orientation sessions at their neighbourhood school where they receive early learning and literacy resources, and learn how to use them at home. The orientation helps create the foundation for positive relationships between parents, teachers and community agencies that sets the stage for a smooth transition to school and future success.



South Peace Community Resources Society

South Peace Community Resources Society

www.spcrs.ca
facebook.com/spcrsdc
250-782-9174 or
Toll Free 1-866-712-9174
10110 – 13 Street
Dawson Creek, BC V1G 2W2

South Peace Community Resources Society is a non-profit organization operating in the Peace Liard region, providing community and referral services. The Society exists to meet the needs of children, youth, families and seniors, women who have experienced or are fleeing from violence, victims of crime, people with diverse abilities, people at risk of homelessness, individuals facing poverty law issues, children who have witnessed abuse, sexual assault survivors, and all individuals struggling with the challenges of life.



Supported Child Development Program

250-782-1138 Ext 223
#117, 10200 – 8 Street (Co-op Mall)
Dawson Creek, BC V1G 3P8

Supported Child Development is a community based program that assists families of children with extra support needs. The program is intended to serve children from birth to age 19, in Chetwynd, Dawson Creek and Tumbler Ridge.

Services Available:

- Support in inclusive childcare and community programs that meet the family needs
- Working as a team to identify developmental goals and determining strategies to reach these goals.
- Ongoing support and consultation to promote inclusive environments.

- Referral to professionals such as Speech Language Pathologists, Occupational Therapists, Physical Therapists.
- Lending Library, equipment, books, videos and resources.
- Service coordination.
- Training and support for parents and child care providers.

Eligibility

Children may be eligible if they have challenges in one or more of the following areas:

- Communication
- Physical
- Intellectual
- Emotional
- Behavioural

Referrals

Referrals may be made by any of the following:

- Parents/Guardians
- Infant development program
- Child care settings
- Schools
- Min. of Children & Family Development
- or any other community professionals

Managed by South Peace Community Resources Society.

Supported by the Government of BC.

Step Up 'N' Ride

250-782-7433
732 – 115 Avenue
Dawson Creek, BC V1G 3B8

Step Up 'N' Ride offers local transportation for seniors, adults with disabilities, children with disabilities, and school-aged children who cannot access public transportation (in a daycare setting). This service works on a fee per service basis.

Playgroups

We encourage you to reach out to these playgroups in the Dawson Creek area:

Dawson Creek Public Library

<https://dawsoncreek.bc.libraries.coop>
250-782-4661
1001 – McKellar Avenue
Dawson Creek, BC V1G 4W7

Pouce Coupe Municipal Library

<https://poucecoupe.bc.libraries.coop>
250-786-5765
5010 – 52 Avenue
Pouce Coupe, BC V0C 2C0

Early Learning Hub

250-784-7677
#200, 10808 – 15 Street (Behind DCSS)
Dawson Creek, BC V1G 3Z3

CCRR Interactive Playgroup

250-782-1138
#117, 10200 – 8 Street (Co-op Mall)
Dawson Creek, BC V1G 3P8

Machitawin

(Cree: "Life Begins At Birth")

250-782-2644
#14, 1405 – 102 Avenue
Dawson Creek, BC V1G 2E1

Child Development Centre

www.spcdc.ca
facebook.com/southpeacecdc
250-782-1161 (Toll-free 1-855-782-1160)
9001 – 10 Street
Dawson Creek, BC V1G 4T1



