

Our First Day Checklist

- Lunch kit - filled with 2-3 healthy items
- Water bottle - we encourage water bottles be sent filled with water
- Inside shoes to be left at preschool (labelled with name)
- Appropriate outdoor clothing (labelled with name)
- Backpack to keep their belongings in
- Change of clothes (inside backpack)
- Personal item, such as a picture of the family, if the child has a difficult time transitioning

