



## Vickie Meade Therapy Presents:

### Partners in Movement Top 10

Top Ten Strategies for Partnering with families across lifespans

Hosted by South Peace Child Development Centre  
Two Day Workshop: September 12 and 13<sup>th</sup>, 2019  
Dawson Creek, BC



#### Course Instructors:

**Dr. Vickie Meade** is a board-certified clinical specialist in Pediatric Physical Therapy and owner of Vickie Meade Therapy Services. Vickie's special interest has been applying detailed knowledge of how muscles develop, which assists families and services to create the best movement opportunities in environments where people spend their time. Vickie has been involved in research and teaching; assisting the development of premature infants, helping parents identify their family member who may need extra support and most recently, applying these

principles to universal intervention in childcare settings. Vickie's current work allows many opportunities to apply these principles with clients from newborn through elderly ages. Vickie's recent webinars through Therapy BC illustrate mentoring in screening infants and supporting families across their family member's lifespan. Vickie's book publications include 'Partners in Movement: A family centered approach to pediatric kinesiology' 'Handwriting: Anatomy of a Collaborative Assessment/Intervention Model' and 'Helping Babies Help Themselves' (available through ACER press, Australia [www.acer.edu.au](http://www.acer.edu.au))



**Dianne Tower** is a speech-language pathologist who has clinical experience and expertise working with infants and children in the areas of connection, regulation, feeding, and communication. She has utilized a family-centered approach in her clinical practice for the past 24 years within a transdisciplinary team framework. Dianne is currently working as a clinical mentor and practitioner in early intervention settings in British Columbia. She is an experienced presenter who enjoys sharing her learning and clinical perspective with families and a variety of professional disciplines.

# Course Description

Therapists begin a partnership on their first visit with a new family, whatever the age. This partnership is honed through asking the right questions, listening for 'I can do this', and creating doable strategies together. Solutions will integrate the relevant kinesiological thinking to select movements that can be part of a families' typical day. Anticipatory guidance will illustrate these practical strategies. The participants will particularly enjoy the family stories presenting powerful and unique perspectives on successful partnerships over 20 years and longer. This two day course will offer participants lectures, workshop ideas and video cases to actively select treatment objectives and integrate strategies across multiple environments.

**Course objectives:** Upon completion of this course, the participant will be able to explain each of the following ten steps and apply these principles in their everyday work.

1. That first visit sets the stage, interview, time to build rapport: case stories
2. Listen, listen, listen: case stories
3. The red circle of coaching! Three steps
4. Share your thoughts: the 'teacher role'
5. Feedback: 'show me' and the use of video
6. Keep the solutions simple: how understanding kinesiological development over time assists choice selection
7. Pace: Don't wear people out...a lifetime is a long time
8. Team: Family as central in transdisciplinary models of service delivery
9. Equipment: Use little, time wisely
10. Importance of moving across the lifespan: Many die young for a reason



# Agenda

## DAY ONE:

- 8:00 REGISTRATION
- 8:30 INTRO: The top 10 strategies
- 9:00 Let's take a look together
- 10:15 BREAK
- 10:30 Communication: Interview, listen, coach, share
  
- 11:30 **Task sheet #1** Finding the communication moment
- 12:30 LUNCH : Provided
- 1:30 Simple solutions Treatment opportunities: This session will combine the mornings review and discussion of kinesiological considerations as functional activities and the environment keep solutions simple
- 2:00 Workshop: Practice strategies
- 3:00 BREAK
- 3:15 Using Feedback: 'Show me'
- 4:30 Discussion/Questions

## DAY TWO

- 8:30 What's on your mind?
- 9:00 It's all about the PACE
- 10:15 Break
- 10:30 **Task sheet #3 Finding magic moments**
- 12:30 LUNCH
- 1:30 Team: Families are central Case Study **Task sheet #4**
- 3:00 Break
- 3:15 Equipment isn't everything, but it helps
- 4:00** Keep Moving
- 4:30 Finish

PLEASE WEAR COMFORTABLE CLOTHING

# Registration Information

SEPT 12<sup>TH</sup> & 13<sup>TH</sup>, 2019

## **CONFERENCE LOCATION**

Dawson Creek, BC

For More information please contact Kim Hughes-Brinsky ( 250 ) 782 1161

## **REGISTRATION DETAILS:**

**Fee:** \$350 Early Bird Rate: Payment received by July 15<sup>th</sup>  
\$400 Price after July 15<sup>th</sup>

**Deadline to Register: AUGUST 23, 2019**

## **How to Register:**

Include registration form(s) and payment.

Payment required to process registration.

Make cheques payable to South Peace Child Development Centre

**Mail:** SPCDC, 9001 – 10<sup>th</sup> Street, Dawson Creek, BC V1G

**Fax:** (250) 782- 4487

**Email:** [spcdc@telus.net](mailto:spcdc@telus.net)

## **HOW TO GET TO DAWSON CREEK:**

- **Flights:** Air Canada and Westjet both fly into Fort St John: 45 min drive to Dawson Creek. ( average flight \$420) Local Air Line is Central Mountain Air : only one flight out per day.
- **Driving:** Dawson Creek from Prince George 4 ½ hours, Dawson Creek from Kelowna 12 hours.
- **Link to Hotels in Dawson Creek**  
<https://www.tourismdawsoncreek.com/visitor/stay/accommodations/hotels-motels>

## **Conference Withdrawals:**

Notice of withdrawal must be received in writing via email to [spcdc@telus.net](mailto:spcdc@telus.net) by 2:00 p.m. Friday, August 23, 2019. No refunds will be issued after this date. A \$25.00 administrative processing fee will apply. Non-attendance does not constitute notice of withdrawal. No refunds will be issued due to non-attendance, including inclement weather. Delegated participant replacements accepted at registration.

# Registration Form

Name: \_\_\_\_\_ Date of Registration: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ Phone: \_\_\_\_\_

\_\_\_\_\_ Postal Code: \_\_\_\_\_

Email address: \_\_\_\_\_

## Occupation:

PT  OT  SLP  ECE: Teacher or Assistant  Family Support Worker

Infant Dev Consultant  Social Worker  \_\_\_\_\_

Community Program/Agency \_\_\_\_\_

## Method of Payment

Participant Fee:  \$350 Early Bird  \$400 after July 15<sup>th</sup>

Cash  Cheque: Payable to SPCDC

Mailing address: SPCDC  
9001 10<sup>th</sup> Street  
Dawson Creek, BC  
V1G 4T1

◆ Full payment must accompany registration. ◆ Registration will not be processed until payment is received.

◆ Cancellation policy in effect ◆

